

## Curriculum Vitae

**Andrea Lacayo**

**Date CV Prepared:** December 2021

**Current Address:** 10047 NW 5<sup>th</sup> Terrace  
Miami, FL. 33172  
(786) 348-8207  
Al2242@mynsu.nova.edu

### EDUCATION

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**August 2019 – August 2024: PsyD., Clinical Psychology.** Nova Southeastern University, College of Psychology, Fort Lauderdale, FL, American Psychological Association. Accredited Clinical Psychology Program.

**January 2016 – April 2018: B.A., Psychology (Magna Cum Laude).** Major: Psychology, Florida International University, Miami, FL.

**August 2013 – December 2015: A.A, Psychology.** Major: Psychology, Miami Dade College, Miami, FL.

### HONORS AND AWARDS

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- Undergraduate Dean's List, Florida International University, 2016-2018
- PSI CHI National Psychology Honor Society, 2016-2018
- Undergraduate Dean's List, Miami Dade College, 2013-2015

### CLINICAL PRACTICA EXPERIENCE

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**September 2024 – Present: Post-Doctoral Resident.** Neurobehavioral Institute, Weston, FL.  
**Description:** - Provided mental health services to individuals of all ages with anxiety, obsessive-compulsive and related disorders, autism, and other mental health conditions. Rendered intensive outpatient individual and groups sessions daily as well as many other therapeutic activities for a partial hospitalization and supportive residential setting. Provided cognitive behavioral therapy, exposure and response prevention, dialectical behavioral therapy, and acceptance and commitment therapy under supervision from a licensed clinical psychologist. Participated in a collaborative team approach, outreach, and program development.

**August 2023 – July 2024: Doctoral Psychology Intern.** Florida State University, Counseling and Psychological Services Center. Tallahassee, FL.

**Description:** Provided mental health services to students enrolled at Florida State University in the form of short-term individual therapy, group counseling, intake sessions, assessment, outreach/consultation, and supervision of a practicum student. Evidenced-based treatments included Cognitive Behavioral Therapy, Dialectal Behavioral Therapy, and Acceptance and Commitment Therapy for presentations such as adjustment issues, depressive, anxiety, and trauma/stress related disorders.

**Primary Supervisor:** Terri Duck, PhD.

**August 2021 – August 2022: Psychology Trainee.** Anxiety Treatment Center. Nova Southeastern University, Psychology Services Center, Fort Lauderdale, FL.

**Description:** Provided diagnostic impressions, assessment, and treatment for adults with anxiety and other comorbid psychiatric and/or medical conditions, such as depressive, personality, trauma/PTSD, sleep, and alcohol/substance use disorders. Trained in the most current manualized, evidence-based treatments such as CBT, ERP, ACT, DBT, PE and CPT. Trained in evidence-based diagnostic/assessment measures (SCID, WAIS, MoCA, etc.) and learned how to administer, score, interpret measures, and wrote integrated reports.

**Supervisor:** Kayla Thayer, PhD., ABPP

**August 2020 – August 2021: Psychology Trainee.** Adult Services Program. Nova Southeastern University, Psychology Services Center, Fort Lauderdale, FL.

**Description:** Conducted intake biopsychosocial interviews consisting of a comprehensive clinical interview, created and implemented personalized treatment plans, and provided integrative treatment and progress evaluations for adults with wide ranges of presenting problems. These services were provided in English and Spanish.

**Supervisor:** Leonard Schnur, PsyD., ABPP

## **OTHER CLINICAL EXPERIENCE**

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**May 2022 – July 2023: Program Coordinator.** Anxiety Treatment Center. College of Psychology, Nova Southeastern University, Fort Lauderdale, FL.

**Description:** Conducted screenings for potential clients and scheduled intake interviews. Supervised current practicum students and trained them on clinic protocol, charting procedures, and documentation. Provided feedback on students' clinical work. Managed daily functioning of the program.

**Supervisor:** Kayla Thayer, PhD, ABPP

**January 2021 – July 2023: College of Psychology Continuing Education Graduate Assistant.** College of Psychology, Nova Southeastern University, Fort Lauderdale, FL.

**Description:** Communicate with Continuing Education (CE) presenters to ensure receipt of required materials. Create flyers for CE events and organize presenters' information. Assist in transition of CE events to webinar format due to Coronavirus pandemic. Provide in-person and remote support during events. Research topics within psychology to generate ideas for future CE events.

**Supervisor:** Sarah Valley-Gray, PsyD, ABPP

**July 2020 – July 2023: Simulated Patient Assessment, Research, and Collaboration (SPARC) Project Coordinator.** College of Psychology, Nova Southeastern University, Fort Lauderdale, FL.

**Description:** Work on research program development, implementation, and executing Pre-Practicum course for first-year students in the Clinical Psychology and School Psychology doctoral programs. Organize and coordinate weekly class sessions, including pre- and post-tests, which utilize simulated patients (SPs). Create weekly class lectures and provide lecture support when necessary. Provide feedback to students in the course on their performance and clinical interviewing skills.

**Supervisors:** Sarah Valley-Gray, PsyD, ABPP & Ralph E. Cash, PhD, ABPP

## **TEACHING EXPERIENCE**

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**Summer 2022 & 2023: Graduate Teacher's Assistant:** College of Psychology, Nova Southeastern University, Fort Lauderdale, FL.

**Course:** *PSY 4669 Clinical Intervention for Anxiety Disorders*. Responsible for grading assignments, facilitating weekly. Intervention role-plays, and meeting with students on an as-needed basis to answer questions about course material.

**Instructor:** Kayla Thayer, PhD, ABPP

**Winter 2022: Course Facilitator:** College of Psychology, Nova Southeastern University, Fort Lauderdale, FL.

**Course:** *PSY 1703 Pre-Practicum*. Led didactic presentations on basic clinical interviewing skills for school psychology trainees. Demonstrated clinical interviewing skills. Provided feedback to students on clinical interviewing abilities when role-playing with simulated patients.

**Instructors:** Sarah Valley-Gray, PsyD, ABPP & Ralph E. Cash, PhD, ABPP

**Fall 2021: Graduate Teacher's Assistant:** College of Psychology, Nova Southeastern University, Fort Lauderdale, FL.

**Course:** *PSY 0750 Counseling Theories and Techniques*, Instructed and evaluated students in surveying the major theories of counseling and psychotherapy and their application in school settings. Collaborated with instructor to develop and implement remediation instruction.

**Instructor:** Sarah Valley-Gray, PsyD, ABPP

**Winter 2021, 2022: Graduate Teacher's Assistant:** College of Psychology, Nova Southeastern University, Fort Lauderdale, FL.

**Course:** *PSY 1703 Pre-Practicum*. Assisted in class preparations. Answered students' questions about the course. Collaborated with instructors to discuss student progress. Maintained learning management system (Canvas). Monitored student activity in class and provided guidance on student progress. Provided remediation instruction as necessary for students using a multi-tiered, individualized approach.

**Instructors:** Sarah Valley-Gray, PsyD, ABPP & Ralph E. Cash, PhD, ABPP

**Fall 2020: Graduate Teacher's Assistant:** College of Psychology, Nova Southeastern University, Fort Lauderdale, FL.

**Course:** *PSY 1501 Assessment: Intelligence Testing*. Instructed and evaluated students in administration and scoring practices of the Wechsler Intelligence Scale for Children-Fifth

Edition (WISC-V) and Wechsler Adult Intelligence Scale-Fourth Edition (WAIS-IV). Collaborated with instructor to develop and implement remediation instruction.

**Instructor:** Sarah Valley-Gray, PsyD, ABPP

## **RESEARCH EXPERIENCE:**

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**December 2017–August 2018: Research Assistant:** ACCESS Lab, Center for Children and Families, Florida International University, Miami, FL.

**Description:** Conducting standardized tests on children suspected of being developmentally/intellectually delayed, worked on filming videos for investigators, transcribing videos, and inputting data into SPSS.

**Supervisor:** Jonathan Comer, Ph.D (Principal Investigator)

**January 2017 – December 2017: Research Assistant:** Sharff Study, Florida International University, Miami, FL.

**Description:** Administered and filmed mock interrogations to students to study whether different interrogation styles caused individuals to state different conclusions, entered data onto SPSS, debriefed students, and gave credit at the end of the study.

**Supervisor:** Jacqueline Evans, Ph.D (Principal Investigator)

**March 2016 – November 2016: Research Assistant:** Judgement of Others Lab, Florida International University, Miami, FL.

**Description:** Administered tests using Qualtrics to students for credit to measure whether showing different suspects involved in a crime would affect their choices, debriefed students, granted them credit, data input.

**Supervisor:** Steve Charman, Ph.D (Principal Investigator)

## **TRAININGS:**

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**05/31/22: Montreal Cognitive Assessment (MoCA).** MoCA Cognitive Assessment.

**08/15/21: Cognitive Processing Therapy (CPT).** Psych Armor.

**08/11/21: Prolonged Exposure (PE).** Medical University of South Carolina.

**08/10/21: Columbia-Suicide Severity Rating Scale (C-SSRS).** The Columbia Lighthouse Project.

## **LANGUAGES SPOKEN:**

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English and Spanish.

## **REFERENCES:**

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Available upon request